

Nationally Acclaimed Physician Offers Cutting-Edge, Comprehensive Guide to Outpatient Weight-Loss Surgery

New book provides most up-to-date information, insight, and guidance available on today's rapidly evolving bariatric surgical procedures and technologies

As obesity continues to skyrocket in the United States, unprecedented numbers of people are looking to outpatient weight-loss surgery as a way to look better, feel better, and live longer, healthier lives. In 2007 more than 200,000 people opted for weight-loss surgery; that number is expected to climb to half a million per year by 2010.

The soaring popularity of today's weight-loss surgical procedures is due, in large part, to recent advancements in technology and medicine that have revolutionized these surgeries to the point where the majority of operations can be performed in outpatient facilities. Compared to surgical procedures of even a few years ago, today's weight-loss surgeries are more effective, less invasive, less risky, more convenient, and more private, and they carry much shorter recovery times. What was once viewed as a last-chance, risk-filled operation is now an hour-long outpatient procedure that can add years to a patient's life, improve and even reverse serious medical conditions such as type 2 diabetes and obstructive sleep apnea, and eliminate years of physical and emotional suffering.

But because the field of outpatient weight-loss surgery is both rapidly changing and highly controversial, prospective patients often have difficulty finding accurate, up-to-date information on recent advancements, surgical options and their associated risks, and emerging technologies.

In *Outpatient Weight-Loss Surgery: Safe and Successful Weight Loss with Modern Bariatric Surgery* (360 Publishing; April 2009; \$22.95) renowned physician **Kent Sasse** shares the most current, unbiased information available on these revolutionary treatments and provides those considering outpatient weight-loss surgery a detailed, comprehensive, compassionate guide to choosing, undergoing, and living well after such a procedure.

Included are such topics as:

- 1 who is—and who is not—a good candidate for outpatient weight-loss surgery
- 2 up-to-date, detailed information on current and emerging procedures, including:
 - REALIZE™ Personal Banding Solution (FDA approved in 2008)
 - StomaphyX™ (FDA approved in 2007)
 - LAGB (LAP-BAND® Adjustable Gastric Banding System)
 - LRYGB (laparoscopic Roux-en-Y gastric bypass)
 - LSG (laparoscopic sleeve gastrectomy)

- Intra-gastric Balloon
- 3 risks and benefits of each procedure
- 4 how to select a bariatric surgeon and an outpatient surgery center
- 5 step-by-step information on what to do—and what to expect—before during, and after the operation
- 6 insurance and other financial realities
- 7 special considerations for adolescents and older adults

Written in clear, direct, easy-to-follow language and containing real-life personal stories, educational illustrations, and a comprehensive resource section on related books, articles, Web sites, and more, *Outpatient Weight-Loss Surgery* is a must-have guide for any person who wants to make informed decisions on weight-loss solutions they may be considering today.

Kent Sasse, md, mph, facs, is a nationally renowned authority on surgical weight-loss procedures and a leader in the rapidly evolving field of bariatric surgery. The recipient of several awards, including membership in the prestigious Alpha Omega Alpha Society for top medical graduates in the country, Dr. Sasse is founder and medical director of both the iMetabolic International Metabolic Institute and Western Bariatric Institute, a nationally recognized ASBS Center of Excellence.

OUTPATIENT WEIGHT-LOSS SURGERY:

Safe and Successful Weight Loss with Modern Bariatric Surgery

Kent Sasse, MD, MPH, FACS

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